



QUALITY FITNESS

For Your Quality of Life
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SEMI-PRIVATE PERSONAL TRAINING RATES

Drop-In Rate for Personal Training & Evaluation

Semi-private Personal Training with 1 or 1 others (3-month expiration)	\$40 each or buy 5 \$175 (\$35 each)
Private Personal Training (3-month expiration)	\$70 each or buy 5 for \$300 (\$60 each)
Personal Training Evaluation (includes physical evaluation, written report of results and review with personal trainer)	\$100

Save money with a Personal Training membership option!

Semi-Private Personal Training Membership (Small group, 2 or 3 clients)

Sessions	Duration	Cost	Average Session Cost
2x/week	One Month (8 or 9 sessions)	\$249.00/mo	\$28.73
2x/week	Annual, billed monthly	\$229.00/mo	\$26.42
	**Add Studio contract	\$72/mo	(add on "family" studio rate)
Pre-paid options			
2x/week	3 months in advance	\$666.90	\$25.65
2x/week	12 months in advance	\$2,300.00	\$22.10
1x/week	One Month (1/week)	\$129.00	\$29.76
1x/week	Annual, billed monthly	\$115.00	\$26.54
	**Add Studio contract	\$72/mo	(add on "family" studio rate)
1x/week Pre-paid options			
	3 months in advance	\$333.34	\$25.65
	12 months in advance	\$1,150	\$22.10

9.5% sales tax is added to rates

These memberships are tuition-type; missed sessions may be made up during the month with trainer approval and appointment time availability. We will make every effort to work with you to find training partner(s).

Membership Billing Information

- Add 9.5% sales tax to all rates except for Yoga personal training.
- Memberships are pro-rated first month, new Annual memberships also pay for last month at time of registration then billing occurs on first of each month thereafter, except for the last month..
- One Month plans automatically renew each month; intent to cancel must be received by 15th of prior month.
- Annual contracts renew automatically on your anniversary. There is a fee for early cancellation of Annual Contract in the amount of ½ of monthly rate. Vacation hold is available (suspension) without fee. Suspension is activated at the start of the next billing cycle and monthly billing automatically resumes at end of suspension. Up to 3 months can be requested on or before the 15th of prior month. Memberships are not transferable. One suspension per year.
- Credit card/debit card required for automatic billing of One Month or Annual Contract.
- Pre-paid memberships may be paid via credit/debit card, check or cash. No refunds on pre-paid accounts.

Rates Schedule Effective January 1, 2012 Subject to change with appropriate notice.